

Journal

Date: / /

Astrological Event: New Moon in Virgo 2023

1. What do you need to forgive yourself for so you can move forward as a healthy, whole person?

2. If you trusted that your soul was deeply powerful and guiding you forward, how would this increase your courage and faith to take action and to be patient in creating the life you desire?

3. What daily practice are you willing to engage in to help you reset and connect to your divine self?