

Journal

Date: / /

Astrological Event: Full Moon in Virgo 2023

1. What issue do you have complete clarity about (be honest with yourself!), and what action is your higher self inviting you to take as a result?

2. What makes you special as a human?

3. What simple, daily ritual or practice are you ready to adopt to center yourself and connect to your spirit at the start of each day? (add it to your calendar and begin!)