

# Journal

Date: / /

Astrological Event: North Node in Aries 2023

- 1. How can I do a better job of taking care of my own needs, instead of worrying what other people want or need from me?**
  
  
  
  
  
  
  
  
  
  
- 2. Even though I may feel some ambivalence and self-doubt, where do I need or want to find the courage to make decisions and take action, even if it feels scary or risky?**
  
  
  
  
  
  
  
  
  
  
- 3. What partnerships/relationships do I need to end, and how am I called to rely more on myself to create the life I desire?**

**Key Takeaway:**

