# Journal

**Date:** / /

**Astrological Event:** Solar Eclipse in Aries 2023

**1. What new version of yourself is emerging, and there is no going backward?**

**2. In what ways is your soul calling you to nourish yourself so you can blossom into the fullness of this new you?**

**3. You can't go backward, so what are you going to do with this new life in front of you?**