

Journal

Date: / /

Astrological Event: Full Moon in Gemini 2022

1. What are the two issues or two opposing sides of an issue that you are struggling with right now?

2. How is that struggle helping you to release something that is no longer healthy for you?

3. How can you choose to trust and surrender to the Universe and be present, rather than be driven crazy by the opposing or conflicting two issues or perspectives you're struggling with?

Bonus: What is the gift of this struggle/opportunity? (write on the back)

Key Take-Away: