

Journal

Date: / /

Astrological Event: Solar Eclipse in Libra Oct. 2023

1. Do you understand that you are worthy and lovable simply for being you? If yes, how so? If no, in what ways do you struggle?

2. Will you commit today to claiming your natural worth and moving through your life with confidence, while refusing to care what other people think? If yes, how? If no, how can you move one step closer?

3. How will your relationships improve when you learn to trust, feel, and embody your inherent self-worth?