

Journal

Date: / /

Astrological Event: Full Moon in Leo 2023

1. What big emotions are you feeling right now, and how do you want to process these emotions in a healthy way? (write on the back if you need more space)

2. What message or truth are you receiving right now, and are you ready and willing to act on it?

3. What brings your inner child happiness, and how do you want to nurture her? What boundaries does she need to feel safe?