

# Journal

Date: / /

**Astrological Event:** New Moon in Capricorn 2024

**1. Take some time to review the routines, structures, and tools you need to have set up in your life to fulfill your mission for 2024. What are they, and what do you need to do to make sure you finishing setting them up?**

**2. What repeatable daily or weekly practice would you like to bring into your life in 2024 to help you connect regularly to your spirit and your spiritual nature.**

**3. What unfinished projects can you commit to tying up in January? What kind of support do you need? Add the related tasks to your calendar and tell an accountability partner, to help you finish and follow through.**