

Journal

Date: / /

Astrological Event: Full Moon in Pisces 2022

Option A: Journal Questions from "Making Space for What's Next" Email

(write answers on back if more space is needed)

1. What are you feeling in this moment and why?
2. How have you been feeling lately?
3. What are your hopes, fears, and dreams?
4. What are your sadnesses? What are you grieving?
5. What past or future life events are stirring emotions in you that want to be processed?
6. What is coming next for you?

Key Take-Away:

(See page 2 for Option B Journal Questions)

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Option B: Journal Questions from Podcast Episode 11: Full Moon in Aquarius

1. What do you value and how hard are you willing to work for it?

2. What are you grieving right now?

3. What is coming next for you?

Key Take-Away: