

Journal

Date: / /

Astrological Event: Lunar Eclipse in Scorpio 2023

1. What emotional or physical area/s of your life need to be cleansed of ancient toxicity?

2. What are the right resources for you to release negative energy from your body, energetic field, or life?

3. What daily or weekly structures, routines, programs, discipline, or practices will help you grow or sustain a rich and rewarding spiritual aspect of life?